

ARE YOU PART OF A FAMILY WHO HAVE AN ADOPTED BROTHER OR SISTER?

HAVE YOU AN ADOPTED CHILD AND BIRTH CHILD WITHIN YOUR FAMILY UNIT?

If the answer is yes to either of the above, would you be interested in getting involved in some research aiming to improve support and services to adoptive families who have a mix of birth children and adopted children?

My Research Study Title:

A study of birth children and changing family dynamics in adoptive families

How might integrative counselling and psychotherapy support birth children adapting to an adopted sibling in the family?

Purpose of the Study

The proposed study aims to explore:

- **how birth children within a family that has adopted a child, have experienced having an adopted brother or sister joining their family.**
- **The study aims to focus upon the *birth child's* experiences, both positive and negative and to find out what additional or different support, if any, participants felt would have been helpful during the different stages of their lives, both pre and post adoption of their sibling.**

What does being a participant involve?

- **You will be asked to take part in one interview lasting between 1-2 hours, in order to discuss your experiences growing up as a birth child within your family.**

- The meeting can take place either at your home, at the University of Derby or through Skype if preferred.
- With your consent, interviews will be recorded, but within strict guidelines as set out in the General Data Protection Regulation (2018). This means that your data will be confidential in order to protect your privacy.

Criteria for potential participants

Inclusion Criteria

- Participants should be a birth child of adoptive parents
- Participants must be a minimum of 18 years of age.

Exclusion Criteria

- Only birth children of adoptive parents can be included
- Where adoption placement has broken down and the placement ended.

If you are interested in taking part please get in touch by e mailing n.aslam2@unimail.derby.ac.uk.

Many thanks for reading!

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